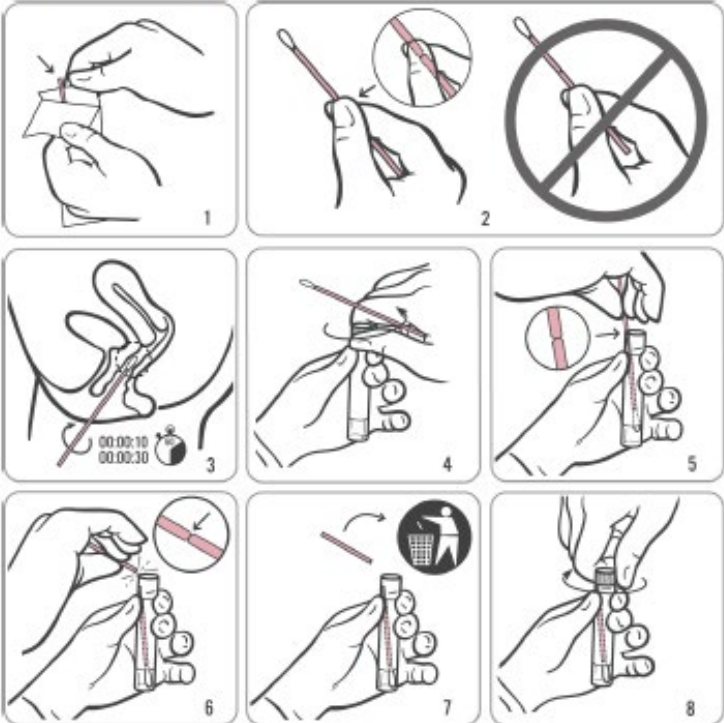


# Vaginal Self-Collection

## PATIENT COLLECTION INSTRUCTIONS

Test	Vaginal Self- Collection
<p><b>All tests</b></p>	<ul style="list-style-type: none"> <li>• Use the provided collection kit.               <ol style="list-style-type: none"> <li>1. Aptima Multi-Test (Orange) for STI screening</li> <li>2. eSwab for Bacterial Vaginosis (BV) and Yeast</li> </ol> </li> <li>• For the results of your test, please contact the ordering physician, or check your HealthElife account.</li> <li>• Inform your healthcare provider if you are pregnant, had recent pelvic pain, pain during intercourse, or unusual vaginal discharge or odour.</li> <li>• Do not drop or lay the swab down.</li> </ul> <p><b>Vaginal Swab Specimen Collection</b></p> 

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<b>How to Prepare</b>	<ul style="list-style-type: none"> <li>Collection should be done in the privacy of the clinic examination room or restroom. Undress from waist down to expose vaginal area and put yourself in a comfortable position to maintain your balance.</li> </ul>
<b>Caution</b>	<ul style="list-style-type: none"> <li><b>These collection instructions are meant to help you collect the right specimen for this test. Failure to follow instructions, improperly labelled or leaking containers may result in sample rejection. Contact the laboratory with any questions or if you require a new swab.</b></li> <li>This collection container contains a liquid preservative. Do not pour the solution out of the container.</li> <li>Keep container upright so it does not leak or spill.</li> <li>Seek medical attention if ingested.</li> <li>Keep out of reach of children and pets.</li> <li>Do not use excessive force to collect specimen as swab may break prematurely.</li> <li>Do not contaminate specimen with urine or water.</li> </ul>
<b>Collecting</b>	<ol style="list-style-type: none"> <li>Confirm the collection container is labelled correctly with: <ul style="list-style-type: none"> <li>Your (the patient) first and last name</li> <li>Another identifier such as date of birth (DOB) or healthcare number (PHN)</li> </ul> </li> <li>Wash hands with soap and water.</li> <li>Peel open the kit package and remove the swab holding above the score line.</li> <li>Carefully insert the swab into the vagina, about 2 inches past the vaginal opening.</li> <li>Rotate the swab for 10 to 30 seconds, making sure the swab touches the vaginal walls and moisture is absorbed by the swab.</li> <li>Withdraw the swab without touching skin.</li> <li>Remove cap from provided tube and place swab into liquid.</li> <li>Grasp the swab at the very end and lean the molded breakpoint of the swab against the tube. Carefully break the shaft. Discard the broken upper part of the swab.</li> <li>Place the screw top on the tube and tightly secure the lid.</li> <li>Wash hands thoroughly.</li> <li>Clearly write the collection date and time on the container and place in transport bag.</li> <li>Deliver the container and lab requisition to the laboratory within 2 hours of collection.</li> </ol>

Facility information: