

Accu-Chek Performa Meter Competency Checklist

Name	Date	
(First/Last)		

COMPETENCY			Trainee Initials
Identifies meter components			
Able to press power button and check status			
Understands meter turns on when strip inserted into meter			
Checks battery status and knows how to change battery			
Understands storage requirements of QC and test strips			
Demonstrates QC testing			
 Aware to write opening date on QC vials; 			
Discard 3 months after opening			
 Inverts vial to mix, wipes tip & discards first drop 			
Inserts strip into meter correctly			
 Waits for meter directions before applying QC solution 			
 Applies solution to the front edge of the test strip 			
Explains corrective action when QC FAILS			
Demonstrates patient testing			
 Understands skin puncture process and supplies 			
knows acceptable sample types			
 Simulates patient testing/strip in meter before applying blood 			
 Understands to discard first drop of blood and use second drop for tes 	ting		
Explains critical values and follow up actions			
 Knows to document results immediately on patient chart to prevent er 	rrors		
Understands cleaning frequency & drying technique			
Passes Performa Quiz			
Employee Signature:			
Instructor Signature: Date:			

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