### Northern Health Healthy Communities E-Brief

August 2024

This monthly publication is prepared by the <u>Northern Health Healthy Communities</u> team to provide information and resources for local governments and community organizations to promote and advance community health across Northern BC.

### Resources (toolkits, reports, websites)

#### **Beat the heat (Government of BC)**

Check out this <u>resource</u> for information to help you stay cool and healthy this summer.

#### **Extreme heat and heat warnings (Northern Health)**

It is time to <u>plan</u> for hotter days. There are many steps communities can take to help mitigate the effects of extreme heat. Extreme heat is dangerous for the health and well-being of our communities and is responsible for the highest number of weather-related deaths annually. Check out the Northern Health extreme heat and heat warning <u>webpage</u>.

# Heat and Smoke Safety Guide (BC Alliance for Healthy Living and the BC Physical Activity for Health Collaborative)

While we celebrate efforts to improve air quality, we still need to know how to look after ourselves when our air quality is poor. Use this new <u>guide</u> to help create safety policies and develop a better response prior to and during heat and smoke events.

### Promoting welcoming communities: A toolkit for communities and those who support them (Pathways to Prosperity)

Use this <u>toolkit</u> to discover a variety of practices and programs that can be used to address and improve each of the characteristics of a welcoming community, creating efficiencies for those supporting newcomers, as they can learn from each other's experiences and expertise, building on both individual and collective success.

#### Quick tips: Staying active in hot weather (HealthLink BC)

Our summer is short, so it is important to know how we can make the most of opportunities to be active while staying safe. To learn more, visit the <a href="HealthLink BC">HealthLink BC</a> webpage.

### **Events and learning opportunities**

# Advancing climate equity through place-based collaboration (Tamarack Institute) Date: August 7, 2024 @1-2pm PT

Register for a free <u>webinar</u> to learn about Tamarack's Community Climate Transitions network and how they have supported community-led climate action. Learn about the latest 10 Guide: Advancing Climate Equity Through Place-Based Collaboration and hear insights and case studies from communities across Turtle Island.



# Connecting communities across generations: The power of an intergenerational approach (BC Healthy Communities)

Date: August 21, 2024 @11-12pm PT

Intergenerational programs unite the young, old, and in-between in ways that enrich participants' lives and help address community challenges. Register for a free <u>webinar</u> to learn more.

#### PICS Climate Insights Course (Pacific Institute for Climate Solutions)

**Date: Ongoing** 

This free <u>course</u> is designed to equip working professionals and others with the knowledge to make informed decisions, create sustainable policies, and convert climate knowledge to climate action.

### Funding opportunities

# Capacity development partner grants (Federation of Canadian Municipalities) Deadline: August 7, 2024

This <u>funding program</u> supports partner training that builds local governments' skills and abilities to act on climate risks in an accessible and equitable way. Funded initiatives will start November-December 2024 and must be completed within two years.

#### **Cold weather preparedness grant (United Way)**

Deadline: August 13, 2024

This <u>grant</u> aims to provide support to communities facing extreme weather emergencies. Local and Indigenous governments in Northern BC can apply for grants between \$1000 and \$10,000 for activities/initiatives that support vulnerable populations during periods of extreme cold.

# Local leadership for climate adaptation (Federation of Canadian Municipalities) Deadline: August 14, 2024

<u>Apply</u> for projects that integrate equitable and inclusive climate adaptation action. Local governments, Indigenous communities, and community organizations are encouraged to apply.

# Age-friendly Communities Grant (BC Healthy Communities) Deadline: August 26, 2024

The <u>Age-friendly Communities (AFC) Grants Program</u> helps communities achieve the vision of building age-friendly communities. Governments, organizations, and communities are encouraged to apply for a Stream 1 grant for up to \$25,000 for age-friendly assessments and action plans, or a Stream 2 grant for up to \$15,000 for age-friendly projects.



### Disaster Resilience and Innovation Funding program (Government of BC) Deadline: September 15, 2024

The new <u>Disaster Resilience and Innovation Funding (DRIF) program</u> will support First Nation and local government projects that strengthen defences against natural and climate-driven hazards, such as floods, drought, extreme heat, and landslides.

#### **HeatADAPT (Health Canada)**

Deadline: September 5, 2024

Health Canada is currently accepting funding <u>applications</u> related to the following priorities: 1) Indoor heat, and 2) Prepare and adapt to extreme heat. The guidelines for applicants explain the application requirements in detail. To obtain the guidelines and the proposal and detailed budget templates, please send an email to: climate.health.adaptation-adaptation.climat.sante@hc-sc.gc.ca.

#### **HealthADAPT (Health Canada)**

Deadline: September 19, 2024

Health Canada is currently accepting funding <u>applications</u> related to the following priorities: 1) Conducting assessment, plans, and interventions; 2) Implementing and scaling, and 3) Health sector guidance, training, and network building. To obtain the guidelines and the proposal and detailed budget templates, please send an email to: climate.health.adaptation-adaptation.climat.sante@hc-sc.gc.ca.

# Indigenous Food Security and Sovereignty Grants (New Relationship Trust) Deadline: December 1, 2024

Get your application ready for the upcoming <u>Indigenous Food Security and Sovereignty Grant</u>, which provides non-repayable funding contributions to First Nation communities, Indigenous organizations, businesses, and entrepreneurs in BC that want to develop, expand, or strengthen their Indigenous food systems.

### #GreenMyCity Program (Green Cities Foundation)

**Deadline: Ongoing** 

Apply for a <u>#GreenMyCity grant</u> to support the restoration and revitalization of any publicly owned land, including parks, community gardens, sports fields, playgrounds, and public open spaces. Garden clubs, associations, neighbourhood groups, service clubs, and school/youth groups are encouraged to apply.

### **Community Gaming Grants (Government of BC)**

**Deadline: Ongoing** 

<u>Community Gaming Grants</u> provide \$140 million annually to not-for-profit organizations throughout BC, to support their delivery of ongoing programs and services that meet the needs of their communities. Learn how to apply for up to \$125,000 to meet the needs of your community.



# Homelessness Community Action Grants Program (Social Planning and Research Council of BC)

**Deadline: Ongoing** 

Learn more about the <u>Homelessness Community Action Grant Program</u> and apply for one-time funding for local planning and collaborative initiatives that better respond to the needs of those who are homeless or at risk of becoming homeless.

# Northern Healthy Communities Fund (Northern Development Initiative Trust) Deadline: Ongoing

Is your community nearby an LNG Canada or Coastal GasLink project? Apply for the Northern Healthy Communities Fund to help your community adjust to the economic growth expected to occur as a result of major economic development projects.

# Rural Transit Solutions Fund (Government of Canada) Deadline: Ongoing

The Rural Transit Solutions Fund seeks to help Canadians living in rural and remote areas get around their communities more easily for their day-to-day activities and connect with other communities nearby. From on-demand services to publicly owned ride shares, and volunteer community car-pooling, funding will help rural, remote, Northern, and Indigenous communities to develop and offer new public transit options. Apply for grants of up to \$50,000 through the <u>Planning and Design Projects stream</u>.

### **Secondary Suite Incentive Program (BC Housing)**

#### Deadline: Open until funding is exhausted

Do you know any homeowners who want to help create affordable housing? The <u>Secondary Suite Incentive Program</u> provides money to help homeowners develop a new secondary suite on their property to be rented out for below market value for at least five years. Homeowners who qualify will receive up to 50% of the cost of renovations, up to a maximum of \$40,000.

# Transit Minor Betterments Program (Government of BC) Deadlines: Ongoing

Public transit enables people to access jobs and education. It also plays a role in transporting people who may experience transportation challenges due to distance, medical, financial, or physical limitations. Apply for up to \$100,000 through the Transit Minor Betterments Program for projects that improve the transit experience, such as bus stop shelters and lighting, accessibility improvements, and signage or wayfinding support. Local governments, First Nations communities or organizations, and non-profit organizations are encouraged to apply. Projects must be completed by March 31, 2025.



### **Northern Health Stories**

#### **International Self-Care Day**

International Self-Care Day is July 24, 2024. We asked staff how they practice self-care and why it's important to them – this is what they said....continue reading.

See the latest stories at stories.northernhealth.ca.

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