



All Sites and Facilities

Generalized Anxiety Disorder Patient Health Questionnaire (GAD-7/PHQ-9)

Page 1 of 2 PATIENT LABEL

Generalized anxiety disorder (GAD-7)

Patient name: _____

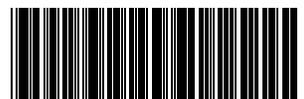
Date: _____

Screening questions

Over the last 2 weeks, how often have you been bothered by the following problems?	Not at all (0)	Several days (1)	More than half the days (2)	Nearly every day (3)
Feeling nervous, anxious or on edge				
Not being able to stop or control worrying				
Worrying too much about different things				
Trouble relaxing				
Being so restless that it is hard to sit still				
Becoming easily annoyed or irritable				
Feeling afraid as if something awful might happen				
Subtotals				
			Total score	

If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home or get along with other people?

- Not difficult at all Somewhat difficult Very difficult Extremely difficult



Generalized Anxiety Disorder Patient Health Questionnaire (GAD-7/PHQ-9)

Patient health questionnaire (PHQ-9)

Patient name: _____ **Date:** _____

Screening questions

Over the last 2 weeks, how often have you been bothered by the following problems?	Not at all (0)	Several days (1)	More than half the days (2)	Nearly every day (3)
Little interest or pleasure in doing things				
Feeling down, depressed or hopeless				
Trouble falling/staying asleep, sleeping too much				
Feeling tired or having little energy				
Poor appetite or overeating				
Feeling bad about yourself, or that you are a failure, or have let yourself or your family down				
Trouble concentrating on things, such as reading the newspaper or watching TV				
Moving/speaking so slowly that other people could have noticed or being fidgety/restless and moving around more than usual				
Thoughts that you would be better off dead or hurting yourself in some way				
Subtotals				
			Total score	

If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home or get along with other people?

- Not difficult at all
 Somewhat difficult
 Very difficult
 Extremely difficult