



Licensing Insights

PROGRAM OF ACTIVITIES AND SCHEDULE G

What is a program of activities?

[Schedule G](#) of the Child Care Licensing Regulation outlines the requirements for a program of activities that support children's physical, intellectual, language, emotional, and social development. A comprehensive and coordinated program of indoor and outdoor activities must be offered which are suitable for the ages and abilities of children and meet their individual care and learning needs.

What type of activities should I include?

The Child Care Licensing Regulation defines program standards for meeting children's needs in five areas of development. By creating a program that includes both scheduled and unscheduled activities to address these five areas, children will be placed in an environment that fosters opportunities for their growth and development.



PHYSICAL DEVELOPMENT

Physical development is all about the development of the body.

- Small muscle development
- Large muscle development
- Self-help skills
- Good health and safety habits



INTELLECTUAL DEVELOPMENT

Intellectual development is all about growing the mind.

- Giving children choices and responding to their needs and interests
- Providing a place where children can learn new and interesting things
- Providing activities which help children to grow their mind
- Helping children to explore their creativity
- Helping children to learn about the environment





EMOTIONAL DEVELOPMENT

Emotional development is all about feelings.

- The view we have of ourselves
- The feelings we have about our cultural background
- How we show and talk about our feelings



SOCIAL DEVELOPMENT

Social development is about a child's interaction with others.

- Planning times for children to work by themselves and times that they can work with others
- Helping children to learn positive behaviours
- Helping children to understand that people are different and to value these differences
- Helping children to respect the things that belong to others
- Giving children lots of opportunity to talk, work and play together
- Helping children to talk, work and play together well



LANGUAGE DEVELOPMENT

Language development is all about learning words. Language also helps us to think about ourselves and the world around us.

- Speaking and listening
- Understanding written words

How will I know if I am meeting the requirements outlined in Schedule G?

To effectively work with young children, it's important to understand early childhood development. Numerous books detail typical developmental milestones, behaviors, needs, and interests of children at various ages. Taking a course in child development is highly recommended for child care providers to gain a deeper understanding of children's growth.

Your local [Child Care Resource and Referral office](#) is an excellent resource. Additionally, the "Furnishings and Equipment Guidelines for Licensed Child Care Facilities" booklet, available on the [BC Government website](#), can help you plan your program of activities.

A companion document entitled Program Standards for Early Childhood Settings (1991) explains the standards and suggests several program activities to support each one.



Where can I find more information on program of activities and schedule G?



SCAN ME

If you have any questions about program planning and schedule G, or if you would like to attend an information session please contact Licensing Connect to speak to a licensing officer at 1.844.845.4200 or licensingconnect@northernhealth.ca.

For more information about the Community Care Facility Licensing program and to view the legislation visit the [Community Care Facility Licensing | Northern Health](#) website.