



Northern Health Palliative Care

LEAP (Learning Essential Approaches in Palliative Care) Education

The next LEAP CORE course is in-person on November 27th & 28th, 2024 in Prince George

LEAP courses transform frontline health care practice through practical, interprofessional, evidence-based palliative care training¹.

The Northern Health Palliative Care Consultation Team has partnered with Pallium Canada to provide in-person palliative education using the LEAP platform.

- LEAP key features:**
- ✿ Collaborate and learn from interprofessional experts in an interprofessional setting.
 - ✿ Gain essential skills and competencies in the palliative care approach.
 - ✿ Earn a nationally recognized LEAP certification of completion.
 - ✿ Content is aligned with provincial and national palliative care competencies.
 - ✿ Developed and peer-reviewed by Canadian palliative care experts.

- LEAP CORE topics include:**
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| <ul style="list-style-type: none"> ✿ Identify patients who could benefit from a palliative care approach earlier in the illness trajectory. ✿ Undertake advance care planning (ACP) and goals of care discussion ✿ Initiate essential discussions related to palliative and end-of-life care in daily work | <ul style="list-style-type: none"> ✿ Assess and manage pain; delirium; gastrointestinal symptoms, hydration and nutrition; respiratory symptoms. ✿ Develop plans to address spiritual, religious, or psychosocial needs. ✿ Prepare patients and families for last days and hours. |
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The Northern Health Palliative Care Consultation Team’s nurses, physician and pharmacist provide multidisciplinary LEAP education throughout the Health Authority. In addition to the LEAP resources provided, the Northern Health team incorporates local resources and tools to ensure consistent knowledge, use and communication around the region.

To register for this course or for additional information, contact the Northern Health Palliative Care Team at: Palliative.Care.Consult.Team@northernhealth.ca

1. Pallium Canada, 2024, www.pallium.ca/courses/. Accessed 4 Nov. 2024.