

Toxic Drug Alert



Issued for Fort St. John, BC

For immediate release: December 13, 2024

Northern Health has issued a Toxic Drug Alert for **Fort St. John**. A pink chunk sold as “down” has been linked to sudden overdoses requiring hospitalization. Overdoses occur when the substance is smoked. Use caution when using substance through any route.

For your safety

- Get overdose prevention, recognition, and response training; carry naloxone.
- Try not to use alone. Make a plan and tell a trusted person who can call for help if needed.
- If you plan to use alone, use the Lifeguard or BeSafe app available free on the app store or on Toward the Heart website (<https://towardtheheart.com>) or call NORS (National Overdose Response Service) 1-888-688-NORS.
- Know your tolerance. If you are sick or had a time of abstinence or reduced use, use much less.
- When possible, avoid mixing drugs or mixing drugs with alcohol.
- Test a small amount first, start low and go slow.
- Use in an Overdose Prevention Site (OPS), see below for hours.
- Get your drugs checked, see below for hours.
- Call 911 or your local emergency number right away if someone overdoses.

Local Supports and Overdose Prevention Sites

Fort St. John OPS

Address: 10067 100th Ave, Fort St. John, BC

Monday to Friday, 9 am to 4 pm



Alert Expires
December 27, 2024



First Nations Health Authority
Health through wellness



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the northern way of caring