



What can the Ethics Service do for you?

When difficult decisions arise, NH Ethics Service is available to help patients, families, and caregivers to examine the ethical aspects of the situation, outline options and arrive to a shared understanding that allows them to make a decision.

Some examples of ethical concerns include:

- Uncertainties or disagreements about the care plan to implement
- Concerns about continuing, stopping or refusing treatment
- Questions about justice, equity, human rights, privacy and confidentiality
- Experience of moral distress
- Uncertainties about how to set priorities or allocate resources
- Challenges around patient's autonomy or ability to consent to treatment

Who can access NH Ethics Service and request a clinical ethics consultation?

Any patient, family member or health care provider may seek help from NH Ethics Service. No referral is necessary. All consultations are confidential.

How do I request an ethics consultation?

There are three ways – choose whichever is easiest for you:

- **Fill out the online form:**
northernhealth.ca > Our Services > Ethical Choices > Request Advice on an Ethical Issue
- **Call toll-free:** 1.888.233.7005
- **Email:** ethics@northernhealth.ca