



Facing a difficult health care decision?

THE ETHICS SERVICE CAN HELP!

Help is available for patients, family members and health professionals who are facing tough decisions.

How can I decide what's the right thing to do?

When difficult decisions arise, NH Ethics Service is available to help patients, families, and caregivers to examine the ethical aspects of the situation, outline options and arrive to a shared understanding that allows them to make a decision.



Some examples of ethical concerns include:

- Uncertainties or disagreements about the care plan to implement
- Concerns about continuing, stopping or refusing treatment
- Questions about justice, equity, human rights, privacy and confidentiality
- Experiences of moral distress
- Uncertainties about how to set priorities or allocate resources
- Challenges around patient's autonomy or ability to consent to treatment

Who can access NH Ethics Service and request a clinical ethics consultation?

Any patient, family member or health care provider may seek help from NH Ethics Service. No referral is necessary. All consultations are confidential.

HOW DO I REQUEST AN ETHICS CONSULTATION?

There are three ways –choose whichever is easiest for you.

- **Fill out the online form:** northernhealth.ca > Our Services > Ethical Choices > Request Advice on an Ethical Issue
- **Call toll-free:** 1.888.233.7005
- **Email:** ethics@northernhealth.ca



**What if
I'm asked to
provide care that
compromises
my beliefs or
values?**



**What's
the right care
decision for a
family member who
can no longer
express a
choice?**



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the northern way of caring



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