

Healthier Northern Communities E-Brief

May 2022

Five Projects in the North Awarded Vision Zero Funding

Northern Health congratulates the following [successful Northern BC grant recipients](#) of the [British Columbia Vision Zero in Road Safety for Vulnerable Road Users Program](#):

- [Cycle 16 Trail Society](#) | **Smithers/Telkwa Multi-Use Trail**
- [Northern Brain Injury Association](#) | **Road Safety and Community Education**
- [Saulteau First Nations](#) | **Saulteau First Nations Playground**
- [Village of Fraser Lake](#) | **Highway Speed Reduction Program**
- [XaaydaGa Dlaang Society](#) – Skidegate Health Centre | **Improving Xaayda Laas (Haida People) Road Safety**

The program's goal is to reduce injuries among vulnerable road users in Indigenous and small and remote communities, both immediately and in the long term.

One of the successful applicants shares their project details:

The Saulteau First Nations Playground project aims to decrease speeds on the roads around the new playground by using signage and a solar speed radar sign. Signs will be in English and Plains Cree language to promote the traditional language.



Saulteau First Nations (pictured) is one of the successful grant recipients. Photo credit: Teena Demeulemeester

“Saulteau First Nations has been focusing efforts on creating public gathering spaces to enrich social interaction and encourage healthy lifestyles; the funding received through the Vision Zero in Road Safety for Vulnerable Road Users Program will no doubt increase the safety of our outdoor gathering spaces, parks, and playgrounds, by providing signage to slow down drivers where children are at play. Thank you, Northern Health, for this program!”

~ Teena Demeulemeester, TREP Supervisor, Saulteau First Nations

For Your Information

Talk Tobacco Campaign

First Nations Health Authority has teamed up with the Canadian Cancer Society and Ontario Health's Indigenous Cancer Care Unit to launch the [Talk Tobacco program](#). Talk Tobacco offers culturally sensitive support for those Indigenous people wishing to quit smoking, vaping and commercial tobacco use.

World No Tobacco Day (May 31) - Tobacco: Threat to our environment

This year, the goal of [World No Tobacco Day 2022](#) is to raise awareness about the environmental impacts of commercial tobacco, e-cigarette, and vapour products. Improper disposal of commercial tobacco, e-cigarette and vapour products leaves a negative impact on our environment for future generations. Similar to other recyclable items such as glass, tetra packs, and aluminum cans, methods for safely disposing of cigarette and vapour waste need to be developed and followed for the health and safety of the public and the environment. Some Canadian recycle companies, like [Terracycle](#), have started recycling programs that recycle cigarette butts and old vapour products into plastic materials.

Share Your Opinion

Feedback: Toward healthier, more sustainable and more equitable food systems

The Government of Canada is holding a public consultation on its national approach to building healthier, more sustainable and more equitable food systems. Individuals and organisations across the food movement are encouraged to respond to the [online questionnaire](#) by May 6.

Resources (toolkits, reports, websites)

Farm 2 School BC School Garden Crop Planning Resources

Looking for support to help plan your school garden? Farm to School BC has developed a Northern BC crop-planning calendar, as well as fun crop cards that include information and classroom activities about radishes, lettuce, bok choy, kale, and spinach. For more information, visit their [webpage](#).

The Collective Impact Toolkit

Collective impact is the commitment of a group of partners from different sectors to work together towards solving complex social issues. Explore the [Collective Impact Toolkit](#)

filled with articles, webinars, videos, and resources developed by Tamarack Institute for community members and key partners.

Events and Learning Opportunities

First Nations' Leadership on Climate Change – National and regional strategies of the Assembly of First Nations

Date: May 4, 2022

The National Collaborating Centre for Indigenous Health is hosting a [webinar](#) that provides an overview of the work underway by the Assembly of First Nations at the national and regional levels, in order to understand how First Nations leaders and communities are experiencing climate change and the strategies being employed to address the climate crisis.

2022 Sport for Life Canadian Summit

Dates: May 11-12, 2022

The Sport for Life Canadian Summit brings together leaders who work together to enhance the quality of sport and physical activity in Canada. The 2022 Summit will be a multi-community event that features both live, local content (e.g., workshops, panels, etc.) as well as virtual content (e.g., keynote presentations) that will be shared to, and connect, all of the host communities in real time. Prince George, in collaboration with [Engage Sport North](#), is the host community for BC. For more details, visit the [Sport For Life webpage](#).

Get your community active with the ParticipACTION Community Better Challenge

Dates: June 1-30, 2022

The [ParticipACTION Community Better Challenge](#) is a national physical activity initiative that encourages Canadians to get active as individuals, as a group, school, municipality/band or organization. One community will earn the top prize of \$100,000 and title of being Canada's most active. There will also be prizes for the most active community in each province and territory. Spread the word, engage your community in physical activity, and have fun while you're at it!

Funding Opportunities

Team Up Grant: Connecting the sport and social sectors to expand access

Deadline: May 16, 2022

Team Up is a sport participation grant program supported by the Province of BC and administered through [viaSport British Columbia](#). The [Team Up Grant](#) aims to connect

non-profit organizations that support underserved groups with sport organizations to multiple opportunities for youth to experience the benefits of sport participation.

Artists in the Classroom

Deadline: May 25, 2022

[Artists in the Classroom grants](#) bring professional artists into schools for rich learning experiences. Artists, Indigenous Elders, Knowledge Keepers, Parent Advisory Committees, and School staff can apply for the grant between \$3,500 and \$10,000.

PlanH Grants

Deadline: June 1, 2022

The [2022 PlanH](#) grants open for applications on April 1. There are two streams: up to \$5,000 for community connectedness projects, and up to \$15,000 for healthy public policy initiatives. More information is available in the [Application Guide](#).

Disaster Mitigation and Adaptation Fund

Deadline: July 20, 2022

The [Disaster Mitigation and Adaptation Fund](#) is a contribution program intended to support public infrastructure projects designed to mitigate current and future climate-related risks and disasters triggered by climate change.

KidSport

Deadline: Ongoing

The [KidSport grant](#) provides assistance to help children participate in local activities. Local chapters have different opportunities and deadlines for applications.

First Nations Adapt Program – Government of Canada

Deadline: Ongoing

This [program](#) provides funding to First Nation communities, Indigenous organizations, and band or tribal councils located below the 60th parallel to assess and respond to climate change impacts on community infrastructure and disaster risk reduction.

Northern Health Stories

Farm to School BC grows in the North, Part 1: Planting seeds

How do you get kids excited about kale? How do you help students develop the values and skills to save seeds? What's the first step in creating a school garden? Now with two regional hubs in Northern BC, [Farm to School BC](#) can help answer these questions

...[continue reading](#).

What's in your COVID-19 toolkit? Vaccination is your best protection

As COVID-19 restrictions have eased across British Columbia, many are wondering what they can personally do to protect themselves, and the health of those around them...[continue reading](#).

The risks of edibles: Protecting children from accidental cannabis poisoning

With no packaging or labels, can you spot the difference between regular candy gummies and cannabis gummies? Hint: One's safe for children, and the other isn't...[continue reading](#).

See the latest stories at stories.northernhealth.ca.

E-Brief Information

The Healthier Northern Communities [E-Brief](#) is produced by [Northern Health's regional Population and Preventive Public Health program](#).

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