

All Sites and Facilities

# Pain Assessment in Advanced Dementia (PAINAD) - Log

**Instructions:** This log is to be used with the Northern Health Pain Assessment in Advanced Dementia Scale Tool (10-513-5009)

Year:	Month:	Day:																		
Behaviour	Time (hours)																			
	Activity		<b>R = At rest, E = Eating, C = During care, A = Ambulating</b>																	
<b>Breathing (independent of vocalization)</b>																				
• Normal		0																		
• Occasional labored breathing • Short period of hyperventilation		1																		
• Noisy labored breathing • Long period of hyperventilation • Cheyne-Stokes respirations		2																		
<b>Negative vocalization</b>																				
• None		0																		
• Occasional moan/groan • Low-level speech with negative or disapproving quality		1																		
• Repeated trouble calling out • Loud moaning/groaning • Crying		2																		
<b>Facial expression</b>																				
• Smiling or inexpressive		0																		
• Sad • Frightened • Frown		1																		
• Facial grimacing		2																		
<b>Body language</b>																				
• Relaxed		0																		
• Tense • Fidgeting • Distressed pacing		1																		
• Fists clenched • Rigid • Knees pulled up • Striking out		2																		
<b>Consolability</b>																				
• No need to console		0																		
• Distracted or reassured by voice/touch		1																		
• Unable to console, distract or reassure		2																		
<b>Total of all 5 sections (out of 10)</b>			<b>10</b>	<b>10</b>	<b>10</b>	<b>10</b>	<b>10</b>	<b>10</b>	<b>10</b>	<b>10</b>	<b>10</b>	<b>10</b>	<b>10</b>	<b>10</b>	<b>10</b>	<b>10</b>	<b>10</b>	<b>10</b>	<b>10</b>	<b>10</b>
<b>PRN analgesia given? (Y/N)</b>																				
<b>Initial:</b>																				

