

## Advance Care Planning Updates

Hot Tip April 2024

Updated LearningHub Module, Facilitator Materials and Resource Binder

Advance Care Planning (ACP) is a process through which adults in BC share their wishes, beliefs, and values about their health care with loved ones or a substitute decision maker and their health

care team. This process helps to inform and provide guidance to substitute decision makers if a person loses capacity make health care decisions. It also can inform and reduce the burden of health care decision making on loved ones and health care providers. It is important for health care providers to encourage patients and their loved ones to learn about and engage in this process to ensure they can successfully navigate health care decisions and receive heath care that is in line with their wishes.



As part of this initiative the Northern Health Advance Care Planning Team is pleased to announce we will be releasing a LearningHub Module, Resource Binder and Facilitator Tools available on <u>MyNH</u> this month. This should support primary care providers in promoting and educating their clients about ACP. The ACP resource binder will be available to order from DocumentSource via order #1777.

If interested in the NH Advance Care Planning learning hub module, ensure you have an active <u>Learninghub account</u>, and search for <u>NHA - CL - Health Care Consent & Advance Care Planning</u>.

Guide Your Loved Ones /Caregivers Through Life's Toughest Decisions



