

Overdose Advisory



Issued for Quesnel, BC

For Immediate Release: May 8, 2024

Northern Health is issuing an **Overdose Advisory** for the community of **Quesnel** due to an increase in drug poisoning/overdose events.

Take care, drugs move throughout the north, please share this alert widely.

We have included safety recommendations below.

For your safety

- Get overdose prevention, recognition, and response training; carry naloxone.
- Try not to use alone.
- Make a plan and tell a buddy who can call for help if needed.
- If you plan to use alone, use the Lifeguard or Be Safe app available free on the app store or on Toward the Heart website (<https://towardtheheart.com>) or call National Overdose Response Service (NORS) 1-888-688-6677.
- Know your tolerance. If you are sick or had a time of abstinence or reduced use, use much less.
- When possible, avoid mixing drugs or mixing drugs with alcohol.
- Test a small amount first, start low and go slow.

Use in an Overdose Prevention Site (OPS) if possible (see Quesnel location listed below).

Local Overdose Prevention Sites (OPS) & Drug Checking Services

CSUN

- Address: 3-445 Anderson Drive, Quesnel, BC
Monday, Wednesday, Friday, and Weekends, 5 pm to 11 pm
- Prescription Alternative Peer Advocacy Program, Monday to Friday, 9 am to 4 pm
- Drop off drug checking samples anytime during opening hours.

Quesnel Specialized Services, Mental Health, and Substance Use

- Address: 395 Elliott Street, Quesnel, BC
Monday to Friday, 11 am to 7 pm (excluding holidays)
- Drop off drug checking samples anytime during opening hours.



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