

Eating and Drinking Before Surgery - Infants and Children -

Follow these instructions or your child's *surgery will be cancelled!* This is for your safety to prevent aspiration (food in your lungs).

Eating

Eat as you always do the day before surgery.

Stop eating at midnight the day before surgery.



Drinking

Stop bottle feeds (milk, formula) 6 hours before scheduled hospital arrival time.

Stop breast milk 4 hours before scheduled hospital arrival time.

Stop clear fluids 2 hours before scheduled hospital arrival time.

Clear fluids include: Water and fruit juices without pulp.

- Fluids you can see clearly through, avoiding any red juices.



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