

Resources for Families & Support Teams of Children and Youth with Neurodevelopmental Diagnoses (e.g., Autism, FASD) during COVID-19

Resources for Families	
General resources for support during COVID-19	Family Support Institute of BC: COVID-19 information, resources and updates – https://familysupportbc.com/covid/
	CHILD-BRIGHT Network: COVID-19 resources for Canadian youth with disabilities, their families & support teams – https://www.child-bright.ca/covid-19-resources
	Sunny Hill Education Resource Centre – http://www.bcchildrens.ca/our-services/sunny-hill-health-centre/our-services/resource-centre#Resources
	Children & Youth With Special Needs: MCFD Response to COVID-19 Details programs and services for children and youth with special needs and their families, including information on housing, day programs and support services – https://www2.gov.bc.ca/gov/content/family-social-supports/covid-19-information/child-youth-with-special-needs-response-to-covid-19
	Neurosequential Network: COVID-19 Stress, Distress & Trauma Webinar Series – https://www.neurosequential.com/covid-19-resources
	Beacon House Therapeutic Services and Trauma Team: COVID-19 Support Resources – https://beaconhouse.org.uk/covid-19-support-resources/
Age specific resources	STADD (services to adults with developmental disabilities) Navigator Program (eligibility 16 to 24 years of age) – https://www.communitylivingbc.ca/what-support-is-available/preparing-access-clbc-supports/services-to-adults-with-developmental-disabilities-stadd/
	Community Living BC (CLBC) Age 19 or older: Information for individuals and families regarding emergency funding during COVID-19 and information for service providers including home sharing. https://www.communitylivingbc.ca/resources/information-about-the-novel-coronavirus-covid-19/
Autism specific resources	Autism Information Services (AIS): A provincial information centre for autism and related disorders that provides information and supports to families, service providers, and community professionals across BC – http://autisminfo.gov.bc.ca/
	Autism BC Autism Topic Navigator: A tool to explore and learn more about specific topics related to autism – https://www.autismbc.ca
	Autism Community Training (ACT BC): Information and referral service that supports individuals with Autism Spectrum Disorder and their families across BC – <ul style="list-style-type: none"> • Coronavirus Resources for the Autism Community • Coping with Behaviour Challenges during COVID19: Setting realistic expectations for families • Autism, Anxiety and COVID-19
	Pacific Autism Family Network: Resources for research, information, learning, assessment, treatment and support; and building capacity to address the lifespan needs of individuals with ASD and related disorders – https://pacificaautismfamily.com/ Prince George Spoke: Northern Resource available Monday to Friday at 250-645-0995

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Autism specific resources	Autism Canada: Resources to assist learning about and understanding autism spectrum disorders – https://autismcanada.org/resources/
	AIDE (Autism and Intellectual Disabilities Knowledge Exchange Network): An initiative funded by the Public Health Agency of Canada focused on offering information and support to neuro-intellectually diverse individuals and their families and caregivers – https://aidecanada.ca/
	Parentbooks: A comprehensive list of resources available for purchase including books and videos – http://www.parentbooks.ca/Autism_Spectrum_Disorders.html
	Autism Speaks: Free toolkits/guides on subjects including advocacy, challenging behaviours and sleep – https://www.autismspeaks.ca/
FASD specific resources	(POPFASD) Provincial Outreach Program for Fetal Alcohol Spectrum Disorder: https://www.fasdoutreach.ca/ POPFASD: Guidance around Schedules and Routines during COVID-19 <ul style="list-style-type: none"> • https://www.fasdoutreach.ca/resources/all/0-9/8-keys-at-home-structure • https://www.fasdoutreach.ca/resources/all/0-9/8-keys-at-home-routine • https://www.lynnekenney.com/keeping-routines-schedules-and-structure-at-home/
	FASD Waterloo Region: This site offers strategies, tips and community supports for families. Included are resources for educators and other professionals that can be used when supporting children and youth diagnosed with FASD. <ul style="list-style-type: none"> • https://www.fasdwaterlooregion.ca/news/2020/resources-for-individuals-with-fasd-during-the-covid-19-pandemic
	Parenting Indigenous Children with FASD: Guide to culture for non-Indigenous caregivers – https://www.fasdinfortsaf.ca/wp-content/uploads/2019/07/FASD_Indigenous_Final_July2019.pdf
	CanFASD Canada FASD Research Network: Foundations in FASD Level 1- basic training course intended for everyone that will come into contact with individuals with FASD including all sectors of work, families, individuals with FASD, spouses, and the general public – https://estore.canfasd.ca/foundations-in-fasd
	Asante Centre: Leader in the fields of FASD and other neurodevelopmental conditions that provides services and supports to individuals and their families across BCFASD – https://www.asantecentre.org/education-and-resources
	Canada FASD Research Network: “I am a Caregiver” resource guide is for those providing care to a person with FASD. This guide was developed to provide caregivers access to important information and resources relating to providing care for children and adults with FASD – https://canfasd.ca/wp-content/uploads/2018/03/Caregiver-Resource-Guide-FASD-March-2018.pdf
	BC Government FASD Assessment and Support Services: Information for families of children and youth with confirmed or suspected FASD, including available assessment services and key worker and parent support options in BC communities – https://www2.gov.bc.ca/gov/content/health/managing-your-health/child-behaviour-development/special-needs/fetal-alcohol-spectrum-disorder-fasd

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Resources for Providers/Support Teams	
General Resources	CHILD-BRIGHT Network: COVID-19 resources for Canadian youth with disabilities, their families & support teams – https://www.child-bright.ca/covid-19-resources
	Well Being BC: Created for all schools, as part of a mental health initiative to support social emotional learning, mental health literacy and trauma informed approaches – https://www.wellbeingbc.ca/
	Beacon House Therapeutic Services and Trauma Team: collection of free downloadable handouts – https://beaconhouse.org.uk/resources/
	Children’s Healthcare Canada – Neurodevelopmental Disorders (NDD) 3 Part Webinar Series: <ul style="list-style-type: none"> • Autism Plus: Identifying Co-Morbid Psychiatric Conditions - Neurodevelopmental Disorders (NDD) Series Session 1 • Aggression in Children with Autism and Related NDD - Neurodevelopmental Disorders (NDD) Series Session 2 • Case Presentations - Neurodevelopmental Disorders (NDD) Series Session 3
Autism Specific resources	Autism Canada Physician’s Handbook – https://secureservercdn.net/45.40.155.175/506.fdc.myftpupload.com/wp-content/uploads/2020/02/AutismCanada_HANS_PhysicianHandbook_2020.pdf
	Autism Community Training: Looking Beyond Autism – Recognising Mental Health Disorders, videos focused on heightening awareness of autism across the age span – https://www.actcommunity.ca/education/mentalhealth/recognising
	Autism Community Training: Looking Beyond Autism – Treating Anxiety, Depression and OCD in Children and Youth with ASD – https://www.actcommunity.ca/education/mentalhealth/treating
	Provincial Outreach Program for Autism and Related Disorders: Education supports for teachers, administrators and parents teaching at home – https://www.actcommunity.ca/provincial-outreach-program-for-autism-and-related-disorders-popard
FASD Specific Resources	CanFASD Canada FASD Research Network: FASD for School Staff Level II: Practical Strategies for the School Environment – https://estore.canfasd.ca/fasd-for-school-staff-level-ii
	BC Ministry of Education Provincial Outreach Program for FASD: Provincial resource program for school professionals which aims to increase educators’ capacity to meet the educational needs of students with FASD – https://www.fasdoutreach.ca/
	Whitecrow Village: FASD Programs for Schools and Educators – https://www.whitecrowvillage.org/education/