

PATIENT INFORMATION SHEET

SEMEN ANALYSIS

Fertility Investigation Specimens:

Follow steps 1 – 5

Post Vasectomy Specimens:

Follow steps 2 – 5

1. No sexual activity (masturbation or intercourse) for 2 – 7 days before specimen collection. (No less than 2 days, no longer than 7 days)
2. The laboratory requires a fresh and **COMPLETE** specimen for examination. All of the ejaculate must be collected. Test results may not be accurate if any of the sample, especially the first part of the sample, was spilled or lost during collection. Please check the correct box below and give this sheet to the staff at the Laboratory when you drop off your specimen for testing.

COMPLETE SAMPLE:

YES NO

3. Specimen is to be obtained by masturbation. Ejaculate the **ENTIRE** specimen into the container provided by the laboratory or physician.

DO NOT USE any other container or a condom or a lubricant of any kind.

4. Print your name and the date and time you collected the specimen on the container label.

5. Deliver specimens to the Hospital Lab Outpatient Dept **within 30 minutes of collection and before 12 NOON, Monday – Friday.**

The sample must be kept at body temperature until delivered to the lab by carrying it in an inner pocket against the body. When you arrive, go directly to the front desk and tell the staff you have a time-sensitive specimen.

If you have any questions or concerns, please contact the Laboratory.
For the results of your test, please contact your doctor.

University Hospital of Northern British Columbia

Laboratory Outpatient Dept.
1475 Edmonton Street
Prince George, B.C
V2M 1S2
ph: 250-565-2441

Phoenix Medical Laboratory
2155 – 10th Ave
Prince George, B.C
V2N 5J6
ph: 250-649-7616