

Medical Orders for Scope of Treatment (MOST)

What is happening?

The MOST form and policy will support patient-centered care planning and align with consent and substitute decision making legislation.

What are the changes?

- MOST form replaces the Advance Directive: Physician Order for Level of Intervention & Resuscitation form.
- The Advance Directive: Physician Order for Level of Intervention & Resuscitation form will no longer be available at DocumentSource, hospitals, residential care facilities, etc.
- Please switch over patients to the MOST form at annual care conferences.
- MOST form is valid for 12 months if there are no transition points or other changes.

What does the MOST form include?

- **Section 1:** CPR and DNR options
- **Section 2:** M1, M2, M3, C0, C1, C2
- **Section 3:** Specific interventions by patient (blood products, dialysis, enteral nutrition, non-invasive ventilation, and other directions and status of DNR during surgery)
- **Section 4:** Patient/Representative/Substitute Decision Maker details, supporting documents

How to obtain the MOST form?

- Available through **Document Source (Order # 10-111-5171)**
- Available on **MOIS** - Download from AIHS user forum
- Available on **iPortal** - Clinical Resources > Palliative Care > Resources
<http://iportal.northernhealth.ca/clinicalresources/palliativecare/Pages/Resources.aspx>
- Available on **www.northernhealth.ca** - Your Health > Advance Care Planning
<http://northernhealth.ca/YourHealth/AdvanceCarePlanning.aspx>
- Available on **www.northernhealth.ca** - Professionals > Palliative Care / End of Life Care
<http://www.northernhealth.ca/Professionals/PalliativeCareEndofLifeCare.aspx>

How do physicians and staff get ready?

- Read the MOST policy on <https://ournh.northernhealth.ca/PoliciesProcedures>
- Complete the MOST online module (30 minutes) on <https://ournh.northernhealth.ca/PoliciesProcedures/Pages/Clinical-Teaching-Tools>

Questions?

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